

Comprehensive assessment for stroke rehabilitation: A new Australian model

Susan Hillier and Chris Price on behalf of
the ASC Rehabilitation Working Group

Coalition of the willing:



Rehabilitation working group:

Overall mission: People with stroke should receive the right rehabilitation, at the right time, in the right place.....

- Dr Geoff Boddice
- Dr Greg Bowring
- Ms Cindy Dilworth
- Dr David Dunbabin
- Dr Steven Faux
- Dr Howard Flavell
- Ms Megan Garnett
- Dr Erin Godecke
- Dr Kong Goh
- Dr Andrew Granger
- Dr Susan Hillier (chair)
- Dr Genevieve Kennedy
- Ms Sandra Lever
- Dr Natasha Lannin
- Mr Bill McNamara
- Ms Jill McNamara
- Ms Juvy McPhee
- Mr Chris Price
- Ms Frances Simmonds
- Ms Leah Wright

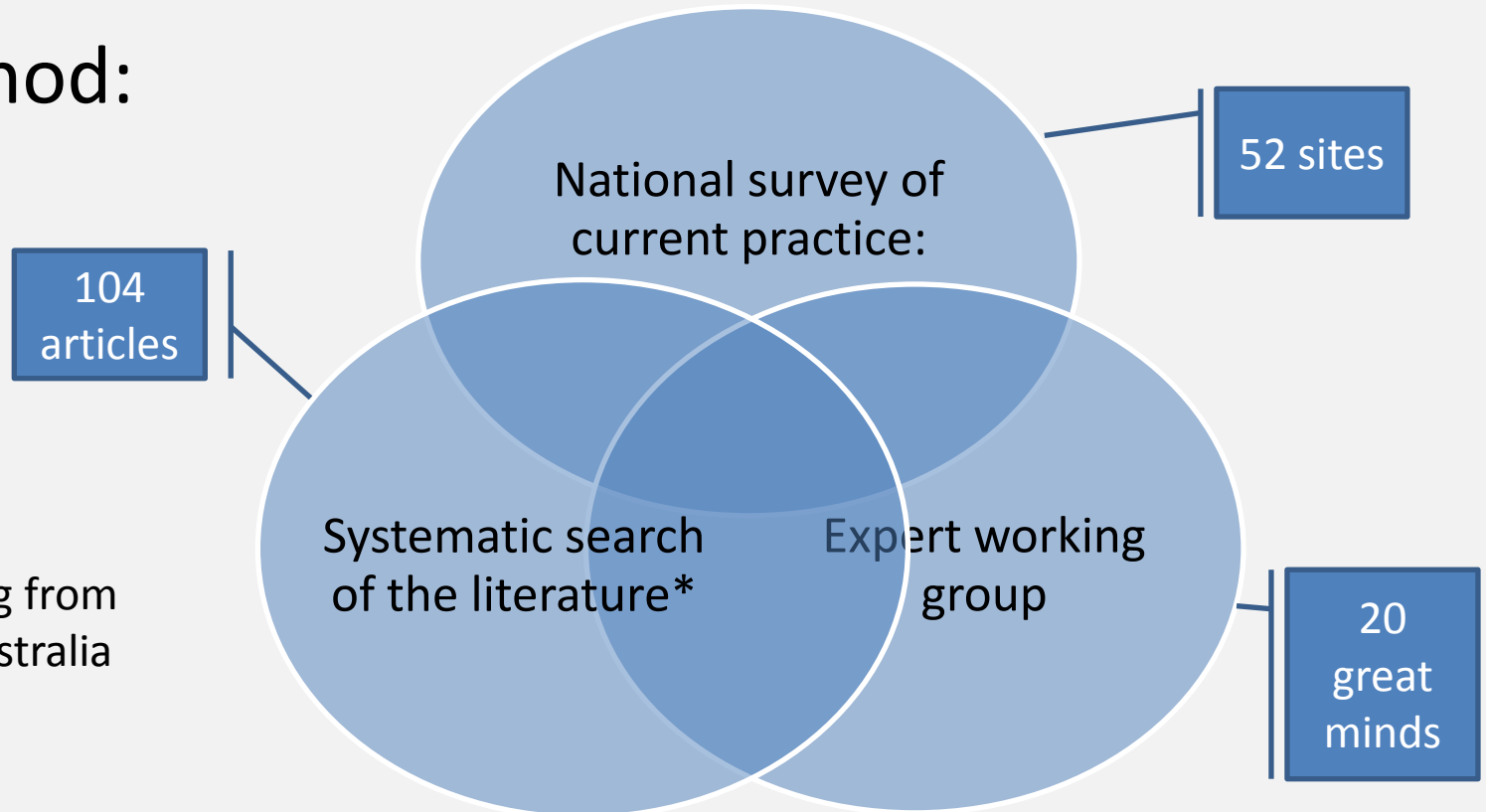
ASC Rehabilitation working group:

Task: Assessment for Rehabilitation

- Identified that there are issues of assessment for rehabilitation being
 - Opaque
 - Ad hoc
 - Inequitable and
 - Based on rehabilitation service capacity, rather than the person with stroke

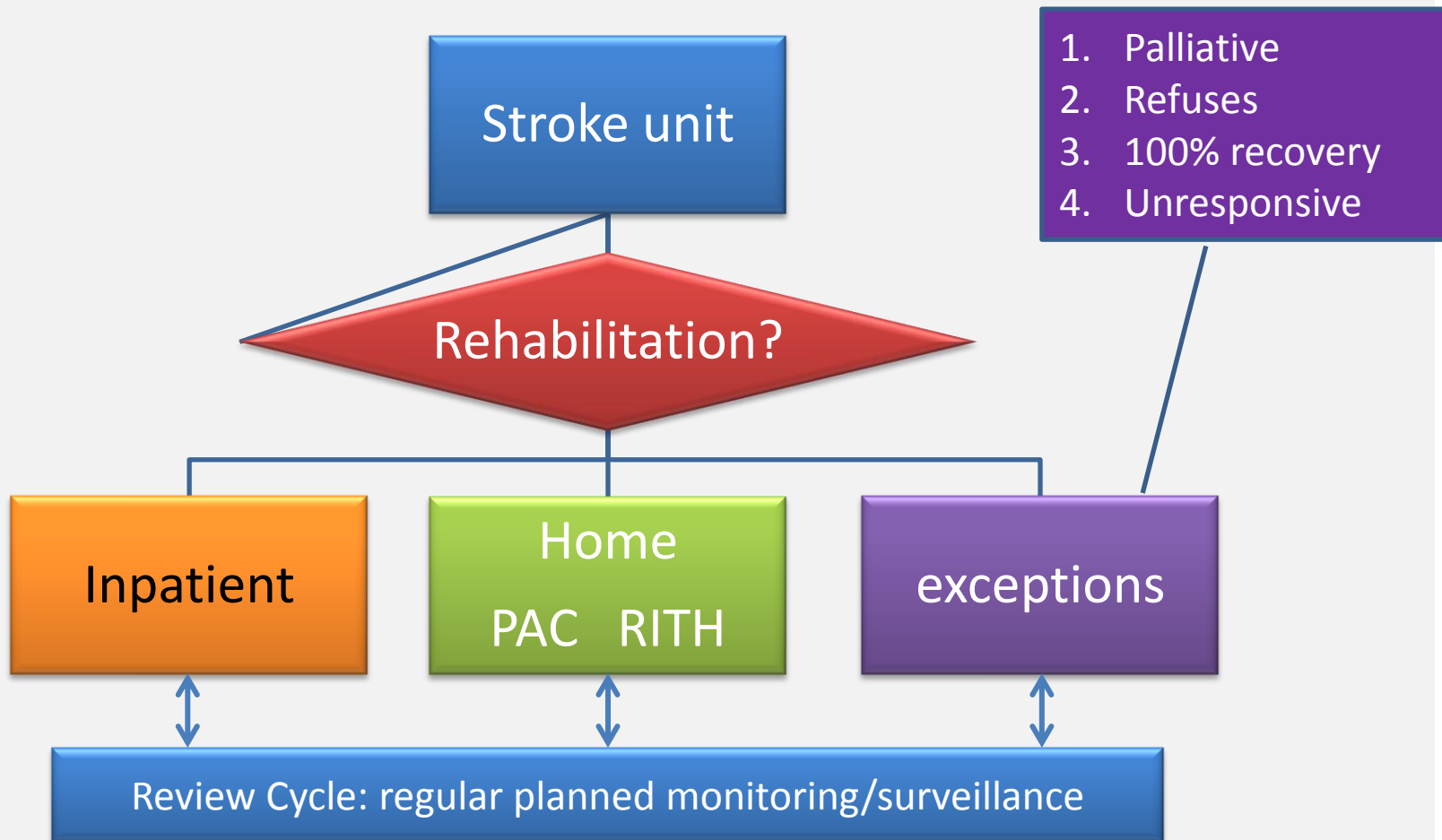
- **Aim:** to devise a process for assessing people for stroke rehabilitation, that is clear, consistent and based on need in the first instance.

- **Method:**



* Funding from
Bayer Australia

Results = RADICAL NEW PROCESS



Domain	Current level of function	Rehab indicated	Management level available:	
			Home	Inpatient
Medical, Nursing Need (IV, skin)				
Hydration / nutrition				
Continence				
Mobility - transfer, gait				
Activities of daily living (ADLs)				
Swallowing				
Eating and Drinking				
Communication				
Cognition (insight)				
Arousal/engagement				
Visual / sensory systems / perception				
Behavioural				
Emotional/psychological				
Burden of care/ carer support				



REHABILITATION Ax and PLAN
(+/- standardised measures)

Participation	Role/s pre-stroke	Need for rehabilitation/intervention? Y/N and if yes plan
Domestic		
Vocational		
Recreational		
Social		

Environment	Pre-stroke (note barriers and facilitators)	Need for intervention? Y/N and if Yes – plan?
Home		
Extended		

Currently piloting – feedback to date.....

Positives:

- ensures clear and accountable decision-making,
- focuses on the person with stroke and their family (not services)
- involves all stroke team members
- based on the ICF-WHO framework.

Negatives:

- Already do it
- Haven't got time
- No outcome measures

This National project combined expert opinion, consumer values and current literature to produce a simple set of processes to assess stroke survivors for rehabilitation.

Next step ???????

